

# Strontium Citrate

## 200 mg / Bone Health



### DESCRIPTION

Strontium Citrate capsules provide 200 mg of elemental strontium in each vegetarian capsule.

### FUNCTIONS

Bone health is rapidly becoming an increasingly important issue. It is well known that the risk of fracture increases with age and that the number of people over 50 years of age is a rapidly growing segment of the population. By the year 2020, half of all Americans will already have or will develop problems with their bone structure.

The maintenance of healthy bone structure results from a balance of bone resorption (by osteoclasts) coupled with bone formation (from osteoblasts). The trace mineral strontium supports healthy bone structure by promoting healthy osteoblast activity while maintaining healthy osteoclast activity.

Human studies have shown the supplementation with strontium containing products may help maintain normal bone structure, including hip bones and vertebrae.

### INDICATIONS

Strontium Citrate may be a useful dietary supplement for individuals wishing to support normal bone health.

### SUGGESTED USE

Adults take 1 capsule daily or as directed by your healthcare professional.

### FORMULA (WW #10235)

#### 1 Vegetarian Capsule Contains:

Strontium (from strontium citrate)..... 200 mg  
Other Ingredients: cellulose, vegetable stearate, and silica.

This product contains NO yeast, wheat, gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, preservatives, artificial colors or flavors.

### SIDE EFFECTS

No adverse effects have been reported.

### STORAGE

Store in a cool, dry place, away from direct light.  
Keep out of reach of children.

### REFERENCES

- Brandi ML. New treatment strategies: ipriflavone, strontium, vitamin D metabolites and analogs. Am J Med 1993;95:69S-74S.
- Meunier PJ, Roux C, Seeman E, et al. The effects of strontium ranelate on the risk of vertebral fracture in women with postmenopausal osteoporosis. N Engl J Med 2004;350:459-68.
- Neuprez A, Reginster JY. Bone-forming agents in the management of osteoporosis. Best Pract Res Clin Endocrinol Metab. 2008 Oct;22(5): 869-83
- Skoryna SC. Effects of oral supplementation with stable strontium. Can Med Assoc J 1981;125:703-12.
- Verberckmoes SC, De Broe ME, D'Haese PC. Dose-dependent effects of strontium on osteoblast function and mineralization. Kidney Int 2003;64:534-43

Manufactured For:

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